



INSPIRATION EDUCATION CONSERVATION

# THE YORKSHIRE ARBORETUM

## KIDS' ACTIVITIES

### PERFECT FOR HOME SCHOOLING & OUTDOOR TIME

For those of you with children who are self-isolating, we would like to support you with some practical ideas for home schooling and family activities.

This handy guide not only contains a range of simple, fun learning activities, but also links to other resources and local visitor attractions offering walks and fresh air for you and your children.

Stay up to date with the Yorkshire Arboretum:

**@yorksarboretum**



[www.yorkshirearboretum.org](http://www.yorkshirearboretum.org)



To all our visitors,

The Yorkshire Arboretum is now closed until further notice as part of UK efforts to tackle the Covid-19 (coronavirus) outbreak. The safety of our visitors, staff and volunteers is of utmost importance to us, which is why we have had to make the difficult decision to close until further notice.

This decision will help support the Government and Public Health England's advice on social distancing. Our team will continue to care for the trees and landscape of the arboretum so that whenever it is possible, we can welcome all our visitors, members and volunteers back to enjoy this wonderful place.

As a registered charity the Trust is dependent on its own resources and the valued support of visitors, members and volunteers alike. We will be in touch with all of our members directly in the next few days.

Stay updated: [www.yorkshirearboretum.org/blog](http://www.yorkshirearboretum.org/blog)

The Yorkshire Arboretum team









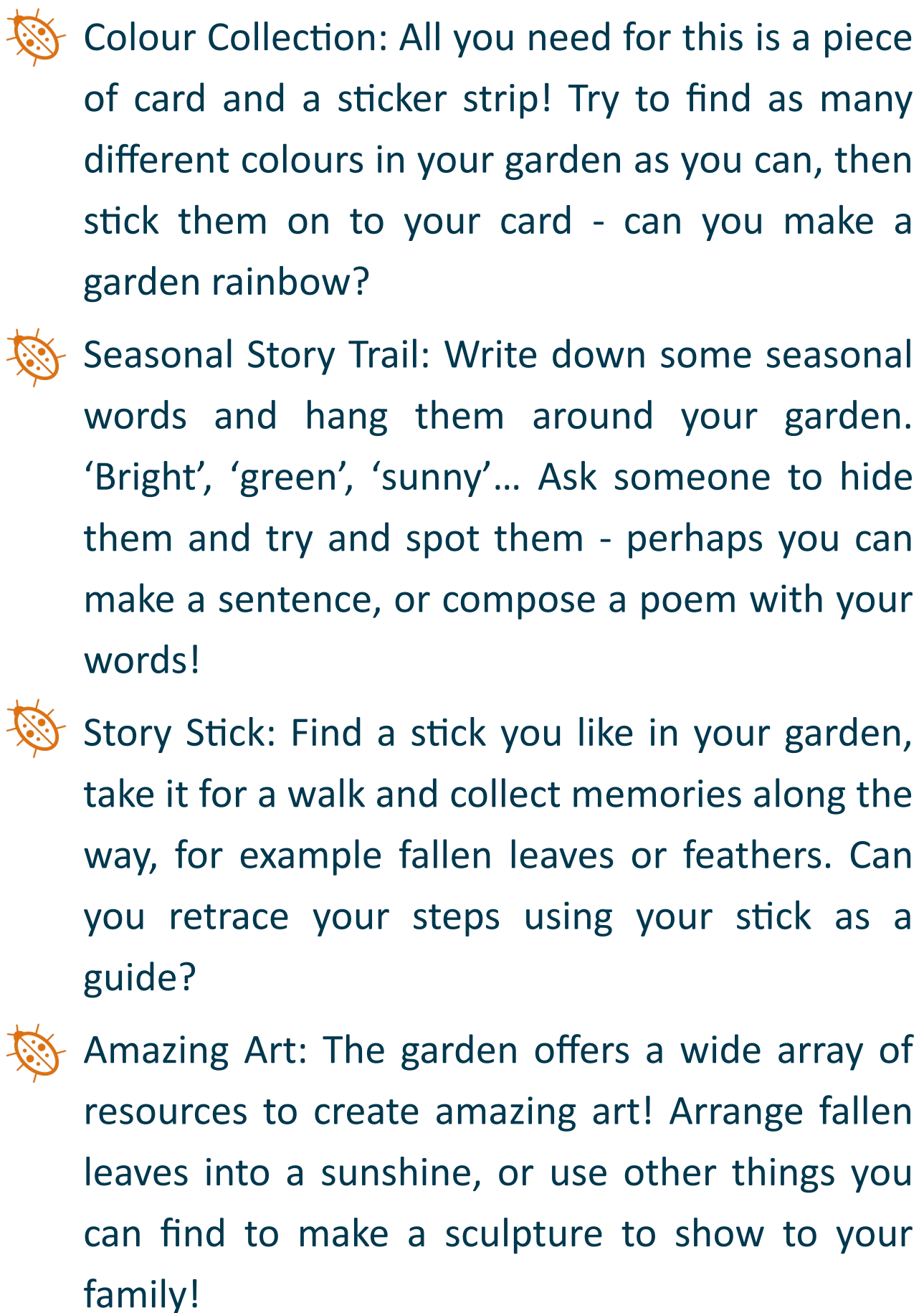




## Indoor activity ideas:

- Learn a new language - try the Duolingo app or something similar!
- Bake a cake
- Plan a meal to a budget, then buy the ingredients and cook it together
- Teach an adult a Just Dance or Tik Tok dance routine
- Read a book or newspaper (First News is perfect for children)
- Help a parent clear out a garage, draw or room and donate things to charity
- Write a story, a diary, a shopping list, a postcard or a letter to a relative - why not add some illustrations?
- Make lists: Your favourite foods, your favourite places...the list is endless
- Learn a new skill - why not try to sew on a button or learn to do the laundry?

## Get outdoors ideas:

Make sure you check for any allergens that might be in your area...

-  Walk your dog, or offer to walk your neighbour's dog, or play with a pet - cats and guinea pigs need attention too!
-  Run, cycle, jog, scoot, hop, skip or jump around your garden or neighbourhood
-  Make a minibeast garden from leaves, twigs and stones. Minibeasts need food (leaves, wood), water (wet soil) and shelter (logs, wood or leaves)
-  Investigate your garden for signs of spring: Look for bulbs, buds, blossom and leaves
-  Create an Explorer's Trail: Draw a map of your garden, then explorer to see what you can find. Don't forget to mark what you've found on your map afterwards!
-  The garden is a great place for children to extend their numeracy skills. Use clover leaves to recite the 3 times table, or use a piece of chalk and stones to make a number line.

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-  **Colour Collection:** All you need for this is a piece of card and a sticker strip! Try to find as many different colours in your garden as you can, then stick them on to your card - can you make a garden rainbow?
  -  **Seasonal Story Trail:** Write down some seasonal words and hang them around your garden. 'Bright', 'green', 'sunny'... Ask someone to hide them and try and spot them - perhaps you can make a sentence, or compose a poem with your words!
  -  **Story Stick:** Find a stick you like in your garden, take it for a walk and collect memories along the way, for example fallen leaves or feathers. Can you retrace your steps using your stick as a guide?
  -  **Amazing Art:** The garden offers a wide array of resources to create amazing art! Arrange fallen leaves into a sunshine, or use other things you can find to make a sculpture to show to your family!



## References and links:

If you would like to explain the coronavirus to your children, this social story may help to do that in an appropriate and effective manner:

<https://www.flipsnack.com/KeshetChicago/coronavirus-social-story/full-view.html>

Alongside government guidelines for social distancing, fresh air will be essential for all:

<https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people/guidance-on-social-distancing-for-everyone-in-the-uk-and-protecting-older-people-and-vulnerable-adults>

Lotherton Hall grounds are open, but the bird garden is closed. Good for playground and walks:

<https://museumsandgalleries.leeds.gov.uk/lotherton/>

Yorkshire Wildlife Trust has reserves at Askham Bog, Moorlands Nature Reserve, Strensall Common, Wheldrake Ings, Allerthorpe, and more:

<https://www.ywt.org.uk/>

Other links:

Daily PE lessons with Joe Wicks:

<https://www.youtube.com/user/thebodycoach1>

<https://www.scouts.org.uk/the-great-indoors/>

[www.twinkl.co.uk/offer](http://www.twinkl.co.uk/offer)

<https://chatterpack.net/blogs/blog/resources-list-for-home-learning>

<https://www.mothercould.com/adventures-of-a-toddler>

<https://www.goodthingsguy.com/lifestyle/educational-resources-lockdown/>

<https://www.kew.org/learning>

[www.treetoolsforschools.org.uk](http://www.treetoolsforschools.org.uk)

<https://www.opalexplorenature.org/>

<https://www.saps.org.uk/>



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